

# **Come join us and “Re-treat Yourself”**

## **Keep coming back, it works**



### **33<sup>rd</sup> Biannual Puget Sound area ACA Retreat**

**June 21 thru 24, 2018  
Seabeck Retreat Center  
Seabeck, WA**



### **There will be:**

**Workshops Variety Show Dance Affirmation Circle Good Food Fellowship**

**Lots of Coffee for late nights or early mornings Walking paths**

**Ways to let your inner child artist shine Meetings**

**A play room where you can chill out safely**

**Make new friends and visit with old friends**

**Plenty of Treats to help your inner child feel good**

**Cost varies by facility of room rental and number of nights stay  
Pines Building Thurs thru Sunday \$220 Friday thru Sunday \$170  
Spruce Building Thurs thru Sunday \$270 Friday thru Sunday \$200  
Day Price only (no overnight) \$50 per day**

**Limited number of scholarships available; Scholarship deadline May 31, 2018**

**Please pick up a registration form and sign up early**

Click on the arrows below to  
scroll down to the next page

# 33rd Biannual Puget Sound area ACA Retreat

June 21 thru 24, 2018

Seabeck Retreat Center

Seabeck, WA

## Re-Treat Yourself....

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### REGISTRATION DEADLINE JUNE 7, 2018

Brought to you by Puget Sound Area ACA Members

There will be no refunds after June 7, 2018

PLEASE PRINT, SO WE CAN READ IT:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: (      ) \_\_\_\_\_

E-mail: \_\_\_\_\_

**You must be over 18 to attend.**

#### **\*\*ROOMING PREFERENCE\*\***

I will be staying in a hotel.

I will be staying on site.

I want to room with: \_\_\_\_\_

(Fellow Home Group Member or Friend)

Male                       Female

I Snore                     I Do Not Snore

No Snoring               Snoring is OK

I use a CPAP             CPAP is OK

Early Bird               Night Owl

Gender Neutral Room

#### **\*\*SPECIAL DIETARY NEEDS\*\***

Gluten Free               Dairy Free

Vegetarian

Vegan                       Diabetic

**FOOD ALLERGIES:** \_\_\_\_\_

**A limited number of scholarships will be awarded by lottery. Deadline for requesting a scholarship is May 31, 2018.**

**Scholarships are \$110 for Thursday \$85 for Friday**

**Important: Please circle one.**  
**Pines Building (has shared bathroom)**

Thurs thru Sunday    \$220

Fri thru Sunday        \$170

**Spruce Building (rooms have their own bathroom)**

Thurs thru Sunday    \$270

Fri thru Sunday        \$200

**Day Price: \$50/day\***

Day(s) attending: Fri    Sat    Sun

**\*(includes meals, does not include overnight accommodations.**

**There will be no Dinner or Potluck Thursday night.**

*(But we won't stop you from bringing food/snacks)*

Scholarship Fund Donation: \$ \_\_\_\_\_  
*Optional and greatly appreciated*

#### **Pay by check or by PayPal**

Please make all checks payable to:

**Puyallup Valley ACA**

**C/O Dusty O.**

**17040 2 Ave N.E.**

**Shoreline, WA. 98155**

Contact (Dusty): 206-858-2905

Email or PayPal account:

[puyallupvalleyaca@gmail.com](mailto:puyallupvalleyaca@gmail.com)

NOTE: PAYMENT NEEDS TO BE IN FULL. IF YOU ARE GETTING A SCHOLARSHIP FROM AN INDIVIDUAL MEETING, YOU NEED TO INCLUDE THAT IN WITH YOUR HALF.